

Brief Biography of Ralf Schwarzer

Ralf Schwarzer is Professor of Psychology at the Freie University of Berlin, Germany, and Adjunct Professor at York University, Canada. He has received his Ph.D. in 1973, and was appointed Professor of Education in 1974, and Professor of Psychology in 1982. After sabbatical leaves at the Universities of California, Berkeley, & Los Angeles, he was a Visiting Professor at The Chinese University of Hong Kong, and at York University, Canada. He has published about 400 papers, and has co-founded three journals: *Anxiety, Stress, and Coping: An International Journal*, the *Zeitschrift für Gesundheitspsychologie*, and *Applied Psychology: Health and Well-Being*. He was President of the *Stress and Anxiety Research Society* (STAR), President of the *European Health Psychology Society* (EHPS), and President of the Health Psychology Division of the *International Association for Applied Psychology* (IAAP). His research focus lies on stress, social support, self-efficacy, and health behaviors. In 2007, he received the *German Psychology Award*. Detailed CV can be found at the website www.RalfSchwarzer.de.

